



## Tomato Garden Soap

*This recipe yields around 30 bars of soap. To resize, take percentage of oils to ½, ¼, etc. but make sure to run recipe back through lye calculator to determine lye/water amounts. My favorite online calculator is at:  
<http://www.brambleberry.com/Soap-Making-Lye-Calculator-W12.aspx>*

Coconut Oil 24 oz.

Olive Oil 54 oz. (and maybe another few ounces for the infusion)

Palm Oil 24 oz.

Lye (sodium hydroxide) 14 oz.

Water 28 oz.

Stainless Steel Pot

Wooden Soap Mold (or can use a plastic storage box)

Kitchen Scale

Soap Cutter or Heavy duty knife

Strip of Fabric

Raffia

Blender

Latex Gloves

Plastic Mixing Spoon

Hot Plate or Oven

2 Plastic Pitchers

Stick Blender

Safety Glasses

Safety Mask

Cheese Cloth

Kitchen Thermometer

Freezer paper

Scissors

Saran Wrap

Glass Ball Jar with Lid

Sundried Tomatoes (around 10-15)

Poppy Seeds 1 Tbsp

Apricot Seeds 1 Tbsp

Basil (few sprigs)

Tomato Leaf Fragrance Oil 6 oz. (available at [www.brambleberry.com](http://www.brambleberry.com))

Tomato Paste 2 Tbsp

Paprika 2 Tbsp

### STEPS:

1. In a jar, combine the sun dried tomatoes, sprigs of fresh basil and olive oil. Stir gently. Cover tightly and let sit at room temperature (in a sunny window is nice) and let then sit for day or so.
2. While wearing safety goggles, mask and gloves, measure your lye in a pitcher on the kitchen scale. Measure your water in a separate pitcher on the scale. Combine lye/water mixture in the plastic pitcher, stir well with spoon. Always add your lye to the liquid. If the liquid were added to the lye, a violent reaction could result. This means you could have a "volcano" erupt out of your container. Set aside and allow to cool to approximately 100° F.
3. Strain the oil through a cheesecloth out of your tomato/basil jar. Add to your olive oil measurement. Measure the rest of your oils with a kitchen scale and put in pot.
4. Once the fats and oils are melted allow the temperature to drop to approximately 100° F.
5. While everything is cooling, line your wooden mold with freezer paper.
5. Combine lye solution and all melted oils. Be careful not to splash while combining the mixtures. Stir with stick blender until the mixture traces. Tracing looks like a pudding. It will support a drop, or your stir marks for several seconds.
6. Once tracing occurs, add your fragrance oil, poppy seeds, apricot seeds, paprika and tomato paste. Mix a few more seconds.
7. Pour raw soap into your wooden mold. Cover with saran wrap (this prevents a white substance forming on the top of your soap), a mold top and blanket. After 24 hours the soap can be cut and turned out of the mold. If the soap is very soft, leave it in the mold a few more days to firm up.
8. Cut soap into bars and set the bars out to cure and dry. This will allow the bar to firm and finish saponification. Place the bars on something that will allow them to breathe.
9. Wrap your soap with a piece of fabric and raffia.